

Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
National Craft Month			1		2		3		4		5		6
<div>RECREATION THERAPY (RT)</div> <div>CAROL MITCHELL, ADC</div> <div>Recreation Therapist LTC & MS</div> <div>202-541-7724</div> <div></div>		*Calendar Meet & Greet *11am Popcorn, Pork Rinds, & Pig Calling Contest-CC 2pm SC2&3 <div></div> National Pig Day (Farming Attire Welcome)		*9:15am Tuesday Trivia-SC2 *10am IDT Mtg. SC2 *1pm Arts & Crafts-SC3 *Nutritional Facts & Fiction Roving Cart-SC2&3 *1:1 RT Visits-SC2&3		*9:15am News & Views-SC2 *10:15am Daily Update-SC3 *National Anthem Day *10am & 1pm Morning Show w/Carol & Marla-Ch4 *1:1 RT Visits-SC2&3 *6pm Weekly Wednesday Workout Video-Ch4		*9:15am National Women’s History Month Lecture-SC3 *12pm Thirsty Thursday-SC2&3 *2pm Casino Challenge-SC3 *1:1 RT Visits-SC2&3 <div></div>		*10am Famous Faces & Places-SC2 *1pm Soc. Dist. Bingo-SC2&3 *9:15am National Women’s History Month Lecture-SC2 *1:1 RT Visits-SC2&3 <div></div>		*Each House has leisure activity items in the living room TV cabinets *Book/DVD Delivery from the Library- 202-541-7630	
	7		8		9		10		11		12		13
<div></div> <div>9am & 10:15am Protestant Service:Ch.4</div> <div>10:15 Catholic Services: (ETWN-Ch.98) Mass & Rosary Daily</div> <div>10:30am Catholic Mass(WDCW-Ch.50)</div>		*Monday Moments Letter Distribution- SC2&3 *10am National Potato Chip tasting “Name That Chip”-SC2&3 *1pm Monday Movies- Tune in to Channel 85-SC2&3		*9:15am Tuesday Trivia-SC3 *10am IDT Mtg. SC2 *1pm Arts & Crafts-SC2 *1:1 RT Visits-SC2&3		*9:15am News & Views-SC2 *10:15am Daily Update-SC3 *Zoom/Facetime-SC2&3 *1:1 RT Visits SC2&3 *6pm Weekly Wednesday Workout Video-Ch4		*1pm Music to Move to-SC2 *2pm Chess Challenge-SC2 *1:1 RT Visits-SC2&3		*Spring Terrace Garden Talks-SC2&3 *1pm Roving Activity Cart-SC2&3 *1:1 RT Visits-SC2&3		*Wed. & Sat. 10am & 1pm Morning Show w/Carol & Marla-Ch4 <div></div>	
Daylight Saving Time	14		15		16	St. Patrick’s Day	17		18		19	Spring Begins	20
9am & 10:15am Protestant Service Ch4 10:15 Catholic Services: (ETWN-Ch.98) Mass & Rosary daily 10:30am Catholic Mass(WDCW-Ch.50)		*1pm Monday Movie & Munchies-Tune in to Channel 85 <div></div>		*9:15am Tuesday Trivia-SC2 *10am IDT Mtg. SC2 *Wine & Dine Lunch time-SC2&3 *1pm Arts & Crafts-SC3 *4:30 Birthday Dinner *1:1 RT Visits-SC2&3		*Irish Tales & Toasts-SC2&3 *11am Shamrock Shake Day-SC2&3 *6pm Weekly Wednesday Workout Video-Ch4 <div></div>		*12pm Thirsty Thursday-SC2&3 *9:15am Karaoke-SC3 *2pm Word Search-SC2 *1:1 RT Visits-SC2&3 <div></div>		*10am Terrace Time Gardening-SC2&3 *1pm Soc. Dist. Bingo-SC2&3 *1:1 RT Visits-SC2&3		*Each House has leisure activity items in the living room TV cabinets *Book/DVD Delivery from the Library- 202-541-7630	
	21		22		23		24		25		26	Passover	27
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Palm Sunday	28		29		30		31						
9am & 10:15am Protestant Service:Ch.4 10:15 Catholic Services: (ETWN-Ch.98) Mass & Rosary daily 10:30am Catholic Mass(WDCW-Ch.50)		*9:15am News & Views-SC2 *10:15am News & Views-SC3 *1pm Monday Movie & Munchies-Tune in to Channel 85 *1:1 RT Visits-SC2&3		*1:1 RT Visits-SC2&3 *10am IDT Mtg. SC2 *1pm Cooking Show & Tasting-SC2&3 <div></div>		*9:15am News & Views-SC2 *10:15am Daily Update-SC3 *Zoom/Facetime-SC2&3 *1:1 Visits-SC2&3 *6pm Weekly Wednesday Workout Video-Ch4		*Please call Carol for self-directed leisure activity supplies at 202-541-7724. *2:30pm Daily Administrative Office <div></div>		<div></div>		ANNEMARIE WILSON, MS, CTRS Recreation Therapy Supervisor 202-541-7626 <div></div>	

